

**Questions in a Bowl**

Instructions: print and cut into strips. Then fold in halves. Put in a bowl and read them out to spark a conversation. Please see [disclaimer](https://www.vlearningcommunity.org/disclaimer) for further information*.*

**What do you like most about being vegan or vegetarian (or thinking about it)?**

**What have been your hurdles to becoming vegan? If you've overcome them, how?**

**Why are you vegan? Or thinking of becoming vegetarian/vegan?**

**What was your journey to becoming vegan?**

**What speakers or organizations would you like to see?**

**Favorite vegan dish that you create or buy?**

**As a new vegan, I need…**

**I'm thinking of becoming vegetarian or vegan but \_\_\_\_ is holding be back.**

**Have you discovered a new food product?**

**What is your favorite vegan organization and why?**

**Who’s your favorite vegan advocate and why?**

**How do you answer this question: don't you miss having meat, cheese, eggs, etc.?**

**How do you respond to this comment: it's too hard? I don't think I could do it.**

**How do you answer this question: what do you do around the holidays?**

**What’s a common question you get as a vegan, and how do you answer it?**

**How do you answer this comment: fishing and hunting is part of my tradition? We've always done it.**

**I wish I knew more about...so I could...**

**What’s your favorite vegan cheese alternative?**

**What’s your favorite vegan seafood alternative?**

**What’s your favorite vegan burger, bacon or beef alternative?**

**What’s your favorite vegan chicken or turkey alternative?**

**What’s your favorite vegan ice cream alternative?**

**What’s your favorite vegan (and gluten free) bread alternative?**

**What’s your favorite vegan egg alternative for baking or scrambled?**

**What’s your favorite vegan sweetener alternative?**

**What has lasted the test of time? Is there something you liked as a kid that still brings you joy? Lastly, is it somehow connected to your vegetarian or vegan journey?**