



V-Learning Community Disclaimer for You and Your Guests

The resources are for information purposes only. All are encouraged to use their own discernment to draw their own conclusions. Everyone is also urged to make their own decisions on actions to take, including but not limited to food choices, food prep, cooking, purchases, life choices, relationships, etc. The information you see or hear does not constitute a recommendation, offer, or solicitation of any kind.

The medical and/or nutritional information are not intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified health provider with any questions you may have regarding a medical condition. Never disregard professional medical advice or delay seeking it because of something you have read or heard here.

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I hereby acknowledge my responsibility for my own health and well-being. Therefore, I release the V-Learning Community and anyone involved from liability.

If there is anything you do not understand or would like to discuss further, please send an email to VLearningC@gmail.com.